

Uddannelse

- 2013-2017 Ph.d.-studerende i sektionen Idræt, Individ og Samfund, NEXS, KU Titel: "Work-Life Balance" – og det sunde hverdagsliv?
2005-2012 Cand. scient. i humanistisk og samfundsvidenskabelig idrætsvidenskab, KU Sidefag i Psykologi, KU

Ansættelser

- 2023- Lektor i Afdeling for Social Medicin, Institut for Folkesundhedsvidenskab, KU
2023-2023 Lektor i Idræt, Individ og Samfund, NEXS, KU
2021-2023 Adjunkt i Idræt, Individ og Samfund, NEXS, KU
2013-2017 Ph.d.-studerende i sektionen Idræt, Individ og Samfund, NEXS, KU
2017-2020 Post.doc. i sektionen Idræt, Individ og Samfund, NEXS, KU
2012-2013 Videnskabelig assistent, Center for Holdspil og Sundhed, NEXS, KU

Udvalgt undervisning

- 2021- Forelæser, Teori 2, Kandidatfag, NEXS, KU
2020-2021 Forelæser, Kvalitative metoder, Kandidatfag, NEXS, KU
2020-2021 Forelæser, Innovation, Evidens og Projektdesign, Kandidatfag, NEXS, KU
2020- Kursusansvarlig og underviser, Idræt, Krop og Medier, BA-fag, NEXS, KU
2020- Vejleder for specialestuderende og bachelorprojekter
2014-2016 Gruppeunderviser, Idræts- og bevægelseskultur, NEXS, KU
2014-2015 Gruppeunderviser, Videnskabsteori, NEXS, KU

Tildelte fondsmidler

- Aase og Einar Danielsens Fonden, Overgangsalder, 2023-2024, PI, 400.000DKK
Absalon Fonden af 1. maj 1978, Overgangsalder, 2023-2026, PI, 800.000DKK
Crowdfunding, Forskning i overgangsalder, PI, 200.000 DKK
Sygesikring "danmark", Kvinder i sund overgang, 2021-2026, CO-I, 2.939.749DKK
Kulturministeriets Forskningspulje, Det tidspressede hverdagsliv, 2017-2020, PI, 778.867DKK

Udvalgsposter og lignende

- 2015-2017 Ph.d.-repræsentant i SCIENCE ph.d.-udvalg
2014-2017 Medlem i ph.d.-udvalget på NEXS, KU
2012 Medlem af Appelkomitéen, NEXS, KU
2011-2012 Suppleant i DIFO's bestyrelse

Publikationer

Anvendelsesorienteret tilgang til teori gennem studerendes egen empiri. At skabe grobund for dybdelæring af sociologiske kvalitative analytiske kompetencer

Hybholt, Maria, 2024, *Improving University Science Teaching and Learning - Pedagogical Projects 2023*. 1 udg. University of Copenhagen, Bind 19. 15 s. (Improving University Science Teaching and Learning).

The Civilized Bodies of Middle-Aged Women: A Qualitative Study of Participation in an Exercise Intervention in Denmark

Hybholt, Maria, 2024, I: *Journal of Aging and Physical Activity*. 32, 3, s. 387–396 10 s.

Middle Aged Men in Lycra and the performative irony of watching Tour de France

Wagner, Ulrik, Frydendal, S. & Hybholt, Maria, 2023, I: *Communication and Sport*. 11, 6, s. 1102-1120

Emotional aspects of physical (in)activity throughout women's lifecourse

Hybholt, Maria, 2022.

Exercise in the time bind of work and family. Emotion management of personal leisure time among middle-aged Danish women

Hybholt, Maria, Ottesen, Laila Susanne & Thing, L. F., 2022, I: *Leisure Studies*. 41, 2, s. 231-246 16 s.

Psychological and social health outcomes of physical activity around menopause: A scoping review of research

Hybholt, Maria, 2022, I: *Maturitas*. 164, s. 88-97 10 s.

Qualitative research in sports studies: challenges, possibilities and the current state of play

Evans, Adam B., Barker-Ruchti, N., Blackwell, J., Clay, Georgia Emily, Dowling, F., Frydendal, S., Hybholt, Maria, Hausken-Sutter, S. E., Leneis, V., Malcolm, D., Phoenix, C., Smith, B., Svendler Nielsen, Charlotte, Wilcock, Laura, Williams, O. & Winther, Helle, 2021, I: *European Journal for Sport and Society*. 18, 1, s. 1-17 17 s.

Football Fitness - for the sake of one's health? The perspectives of female players

Thing, L. F., Hybholt, Maria, Jensen, Andorra Lynn & Ottesen, Laila Susanne, 2020, I: *Qualitative Research in Sport, Exercise and Health*. 12, 1, s. 63-75 13 s.

The rationalization of leisure time - the scarcity of emotional excitement in a health promoting exercise intervention for women

Hybholt, Maria & Thing, L. F., 2019, I: *Annals of Leisure Research*. 22, 4, s. 532-549 18 s.

Kvinder, sundhed og træning i det tidspressede hverdagsliv: En mikrosociologisk undersøgelse af midaldrende kvinders deltagelse i en forskningsbaseret træningsintervention med spinning.

Hybholt, Maria, 6 dec. 2017, København: Institut for Idræt og Ernæring, Det Natur- og Biovidenskabelige Fakultet, Københavns Universitet. 355 s.

The empty changing rooms: A study of the reformalization process of clothes changing and showering in relation to PE among Danish upper secondary school students

Nielsen, S. F., Hybholt, Maria & Thing, L. F., dec. 2017, (Accepteret/In press).

'Football Fitness': constraining and enabling possibilities for the management of leisure time for women

Thing, L. F., Hybholt, Maria, Jensen, Andorra Lynn & Ottesen, Laila Susanne, 2017, I: *Annals of Leisure Research*. 20, 4, s. 427-445 19 s.

Krop og civilisering: Om unge danske pigers forhold til den nøgne krop i forbindelse med omklædning

Hybholt, Maria & Thing, L. F., 2017, I: *Tidsskrift for professionsstudier*. 26, s. 46-55 10 s.

Time to become physical active? The complexity of everyday life in middle-aged women

Hybholt, Maria, Ottesen, Laila Susanne & Thing, L. F., 25 aug. 2015.

'Football Fitness': Constraining and enabling possibilities for the management of leisure time for middle aged women

Thing, L. F., Hybholt, Maria & Ottesen, Laila Susanne, 25 aug. 2015. 1 s.

Pigernes selvkontrollerede og skamfulde krop: i badning efter gymnasieidræt

Hybholt, Maria, 2015, I: *GISP*. 156, s. 26-28 3 s.

Football Fitness: constraining and enabling possibilities for the management of leisure time for middle aged women

Thing, L. F., Hybholt, Maria & Ottesen, Laila Susanne, 14 aug. 2014. 1 s.

"Football Fitness": A quest for excitement or a leisure routinisation?

Thing, L. F., Hybholt, Maria & Ottesen, Laila Susanne, 2014, *From the Past to the Present and Towards Possible Futures: The Collected Works of Norbert Elias. Norbert Elias Conference 2014, Friday 20- Sunday 22 June 2014, College Court Conference Centre, University of Leicester*. Leicester, UK: University of Leicester, s. 94 1 s.

Football fitness for the sake of one's health? The perspectives of female players

Thing, L. F., Ottesen, Laila Susanne & Hybholt, Maria, 2014, *European Association for Sociology of Sport Conference 2014 (Book of Abstracts): Changing Landscapes in Sport: Dynamics, Hybridities and Resistance*. Utrecht: The Mulier Institute, University of Utrecht, s. 110 1 s.

Aktiviteter

Folkemødet: debat om overgangsalder

Hybholt, Maria (Andet)

15 jun. 2024

Aftenkonsultation: Hormoner - fra teenage-raseri til sveddrøppende overgangsalder

Hybholt, Maria (Andet)

14 maj 2024

Høring i Folketingets Sundhedsudvalg om overgangsalder

Hybholt, Maria (Deltager)

17 apr. 2024

Københavns Universitet (Organisation)

Hybholt, Maria (Medlem)

2024 → ...

Afdeling for Social Medicin (Organisation)

Hybholt, Maria (Medlem)

1 dec. 2023

European Sociological Association RN16 Midterm Conference

Hybholt, Maria (Deltager)

24 maj 2023 → 26 maj 2023

European Sociological Association (Ekstern organisation)

Hybholt, Maria (Medlem)

2023 → ...

Censorkorpset for Idræt (Ekstern organisation)

Hybholt, Maria (Medlem)

2022 → ...

ESA 12th Conference of the European Sociological Association 2015

Hybholt, Maria (Deltager)

25 aug. 2015 → 28 aug. 2015

EASS 12th European Association for Sociology of Sport Conference

Hybholt, Maria (Deltager)

10 jun. 2015 → 14 jun. 2015

27th Conference of the Nordic Sociological Association

Hybholt, Maria (Deltager)

14 aug. 2014 → 16 aug. 2014

From Past to Present to Possible Futures

Hybholt, Maria (Deltager)

20 jun. 2014 → 22 jun. 2014

European Association for Sociology of Sport
Hybholt, Maria (Deltager)
7 maj 2014 → 10 maj 2014