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Kort præsentation

Jeg er "scientist-practitioner" i psykiatrien med base i Region Sjælland samt Institut for Psykologi ved Københavns Universitet. Mine hovedinteresser er vurdering, konceptualisering, klassifikation og behandling af personlighedsdysfunktion og psykopatologi generelt. Jeg er aktuelt beskæftiget med forskning og kliniske retningslinjer ift. ICD-11 klassifikation af personlighedsforstyrrelse samt DSM-5's "Alternative Model of Personality Disorders" (AMPD). Inden for disse nye modeller kan alle mennesker karakteriseres ud fra aspekter af personlighedsfunktion og dysfunktion, mens de mest udtalte niveauer af dysfunktion regnes som personlighedsforstyrrelse. I denne sammenhæng har jeg fungeret som fagkonsulent for WHO's ICD-11 arbejdsgruppe for klassifikation af af personlighedsforstyrrelse og var medforfatter på relaterede field trials. I dansk sammenhæng er jeg medstifter og medlem af Specialpsykologisk Diagnoseudvalg (SPDU), som forbereder dansk oversættelse og implementering af ICD-11 i samarbejde med Dansk Psykiatrisk Selskab og Sundhedsdatastyrelsen.

Det videnskabelige og innovative arbejde med personlighed og psykopatologi udføres på vores Center for Forskning i Personlighedsforstyrrelse under Psykiatrien i Region Sjælland.

I en bredere sammenhæng er jeg også akademisk medlem af *Hierarchical Taxonomy of Psychopathology* (HiTOP) konsortiet, som søger at introducere nye empirisk understøttede "byggesten" til beskrivelse af psykiske lidelser og forstyrrelser. HiTOP kan betragtes som et empirisk informeret "landkort" over mental sundhed og forstyrrelse, som kan være nyttigt til forståelse og behandling af psykiske lidelser i fremtiden.

Med rod i mit eget kliniske arbejde og erfaring, har jeg en særlig interesse for det udfordrende overlap og forvirring mellem persistente og gennemgribende forstyrrelser såsom personlighedsforstyrrelse, kompleks PTSD og autismespektrumforstyrrelse, herunder den kliniske værdi af at skelne mellem neurodiversitet og personlighedsrelateret diversitet.

Jeg er også internationalt certificeret træner og supervisor i skematerapi, hvilket ud fra min egen erfaring er en fremragende tilgang til at adressere personlighedsdysfunktion og komplekse følelsesmæssige behov på tværs af en række psykiske problemstillinger. Som psykoterapeutisk metode integreres her psykodynamiske, kognitive og oplevelsesorienterede traditioner.

I min rolle som klinisk professor er jeg særligt involveret i implementeringen af et akademisk og praksisnært uddannelsesspor for kandidatstuderende i klinisk psykologi via et samarbejde mellem Region Sjælland og Københavns Universitet.

Træffetid: Mandage kl. 12:30-13:30

Kvalifikationer

Doctor of Medical Sciences (dr. med.), Department of Clinical Medicine, University of Copenhagen

Dimissionsdato: 21 sep. 2023

Ph.d. i klinisk psykiatri, Department of Clinical Medicine, University of Copenhagen

Dimissionsdato: 18 feb. 2016

Cand.psych., Psykolog, Department of Psychology, University of Copenhagen

Dimissionsdato: 24 mar. 2009

Ansættelse

Klinisk professor

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1 aug. 2023 → nu

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Københavns Universitet

København N.

30 aug. 2022 → 31 jul. 2023

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Lektor

University of Southern Denmark
Odense, Danmark
1 jan. 2022 → 1 jan. 2023

Seniorforsker

Copenhagen University Hospital – Psychiatry Region Zealand
Slagelse, Danmark
1 jan. 2013 → nu

Klinisk psykolog

Copenhagen University Hospital – Psychiatry Region Zealand
Slagelse, Danmark
1 jan. 2009 → nu

Publikationer

Formidling › Bidrag til bog/antologi

Bach, B., & Simonsen, S. (2023). Recovery ved personlighedsforstyrrelse. I S. B. Møller, & S. Austin (red.), *Recovery: at komme sig over psykisk lidelse* (s. 77-98). Hans Reitzels Forlag.

Damgaard-Sørensen, U., Bach, B. S., & Moeller, S. B. (2023). Introducing Schema Therapy and Its Clinical Application in Assessing and Engaging Aggressive or Violent Offenders. I C. Martin, V. R. Preedy, & V. B. Patel (red.), *Handbook of Anger, Aggression, and Violence* Springer. https://doi.org/10.1007/978-3-030-98711-4_160-1

Bach, B., Bo, S., & Keeley, J. W. (2022). Diagnostic Systems and Models: DSM-5 Criteria, ICD-11 Guidelines, and Dimensional Horizons. I G. Asmundson, R. M. B., & M. Sellbom (red.), *Comprehensive Clinical Psychology* (2 udg., Bind 4, s. 36-58). Elsevier. <https://doi.org/10.1016/B978-0-12-818697-8.00111-4>

Mulder, R. T., & Bach, B. (2022). Assessment and treatment of personality disorders within the ICD-11 framework. I S. K. Huprich (red.), *Personality disorders and pathology: Integrating clinical assessment and practice in the DSM-5 and ICD-11 era* (s. 183-208). American Psychological Association. <https://doi.org/10.1037/0000310-009>

Bach, B., & Mulder, R. T. (2022). Empirical foundation of the ICD-11 classification of personality disorders. I S. K. Huprich (red.), *Personality disorders and pathology: Integrating clinical assessment and practice in the DSM-5 and ICD-11 era* (s. 27-52). American Psychological Association. <https://doi.org/10.1037/0000310-003>

Bach, B. (2020). Simplicity and Dynamics of the ICD-11 Trait Qualifiers in Relation to Treatment. I K. L. Gratz, & C. Lejuez (red.), *The Cambridge Handbook of Personality Disorders* (s. 475-476). Cambridge University Press (cup). <https://doi.org/10.1017/9781108333931.082>

Bach, B. S., & Presnall-Shvorin, J. (2020). Using DSM-5 and ICD-11 Personality Traits in Clinical Treatment. I C. W. L., & K. L. G. (red.), *The Cambridge Handbook of Personality Disorders* (1 udg., s. 450-467). Cambridge University Press. Cambridge Handbooks in Psychology <https://doi.org/10.1017/9781108333931.079>

Sellbom, M., Bach, B., & Huxley, E. (2018). Related Personality Disorders Located within an Elaborated Externalizing Psychopathology Spectrum. I J. E. Lochman, & W. Matthys (red.), *The Wiley Handbook of Disruptive and Impulse-Control Disorders* (s. 103-124). Wiley & Sons, Ltd.. <https://doi.org/10.1002/9781119092254.ch7>

Bach, B. (2017). Skematerapi for personlighedsforstyrrelser. I E. Simonsen, & B. B. Mathiesen (red.), *Personlighed og personlighedsforstyrrelser* (s. 491-514). Hans Reitzels Forlag.

Kongerslev, M. T., Bach, B. S., Westergaard Olsen, C., & Simonsen, E. (2017). Den danske udgave af Structured Clinical Interview for DSM-5 Personality Disorders (SCID-5-PD): Rationale, oversigt og oversættelse. I *Guide til Struktureret klinisk interview til DSM-5@ personlighedsforstyrrelser* (s. 96–109). Hogrefe Psykologisk Forlag A/S.

Formidling › Bog

Bach, B. S., & Simonsen, S. (2023). *ICD-11 Personlighedsforstyrrelser – En Klinisk Vejledning*. Hogrefe Verlag.

Bach, B. (2010). *Brug Viden om Hjernen i Kognitiv Adfærdsterapi: Et indblik i hvordan Psykoterapeuter kan gøre brug af hjerneforskningen*. Sokratiske Forlag, CEKTOS.

Formidling › Tidsskriftartikel

Bach, B. (2023). Evnen til ensomhed og samhørighed: et psykologisk perspektiv. *Bibliana*, 2023(2). <https://laesbibliana.dk/4317781/2/>

Simonsen, S., & Bach, B. (2021). Grad af ængstelig, evasiv personlighedsforstyrrelse. *Best Practice*, August. <https://bpno.dk/artikler/grad-af-aengstelig-evasiv-personlighedsforstyrrelse/>

Bach, B., Simonsen, S., Kongerslev, M. T., & Bo, S. (2021). Hvornår er man personlighedsforstyrret? *Alt Om Psykologi*. <https://altompsykologi.dk/2021/07/hvornaar-er-man-personlighedsforstyrret/>

Darko, D., & Bach, B. (2021). Det nye diagnosesystem - hvad nu? *P*, 7(7), 22-27. <https://infolink2020.dk/PsyNyt/Dokumenter/doc/19268.pdf>

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Bach, B. (2012). Hjerneforskning og psykoterapi [neurosciences and psychotherapy]. *PsykologNyt (Danish Psychological Association journal)*, 66(20), 8-12. <http://infolink2003.elbo.dk/PsyNyt/Dokumenter/doc/17759.pdf>

Forskning › Bidrag til bog/antologi

Bach, B. (2020). Simplicity and dynamics of the ICD-11 trait qualifiers in relation to treatment: Author rejoinder to commentaries on using DSM-5 and ICD-11 personality traits in clinical treatment. I *The Cambridge Handbook of Personality Disorders* (s. 475-476). Cambridge University Press (cup).

Forskning › Ph.d.-afhandling

Bach, B. (2023). *Measuring personality disorder severity and traits in DSM-5 and ICD-11 (dr. med.)*. University of Copenhagen, Faculty of Health and Medical Sciences.

Forskning › Kommentar/debat

Bach, B., & Eikenæs, I. U. M. (2021). Transdiagnostic conceptualization of social avoidance through the lens of personality functioning and traits. *Journal of Clinical Psychology, 77*(5), 1249-1258. <https://doi.org/10.1002/jclp.23160>

Forskning › Leder

Somma, A., Keeley, J. W., & Bach, B. (2023). Community series in ICD-11 personality disorders: utility and implications of the new model, volume II. *Frontiers in Psychiatry, 14*, [1199703]. <https://doi.org/10.3389/fpsy.2023.1199703>

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Forskning › Review

Meisner, M. W., Lenzenweger, M. F., Storebø, O. J., Petersen, L. S., Bach, B., & Simonsen, E. (2024). Co-occurrence of borderline and schizotypal personality disorders: a scoping review. *Nordic Journal of Psychiatry, 78*(1), 1-13. <https://doi.org/10.1080/08039488.2023.2254299>

d'Huart, D., Seker, S., Bürgin, D., Birkhölzer, M., Boonmann, C., Schmid, M., Schmeck, K., & Bach, B. (2023). Key insights from studies on the stability of personality disorders in different age groups. *Frontiers in Psychiatry, 14*, [1109336]. <https://doi.org/10.3389/fpsy.2023.1109336>

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Tracy, M., Tiliopoulos, N., Sharpe, L., & Bach, B. (2021). The clinical utility of the ICD-11 classification of personality disorders and related traits: A preliminary scoping review. *Australian and New Zealand Journal of Psychiatry, 55*(9), 849-862. <https://doi.org/10.1177/00048674211025607>

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Forskning › Letter

Bach, B. (2018). Treating comorbid depression and personality disorders in DSM-5 and ICD-11. *The Lancet Psychiatry*, 5(11), 874-875. [https://doi.org/10.1016/S2215-0366\(18\)30351-1](https://doi.org/10.1016/S2215-0366(18)30351-1)

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Lambrecht, B., Simon, J., & Bach, B. (2024). Clinician-rated ICD-11 trait domains and personality disorder types. *Personality Disorders: Theory, Research, and Treatment*. <https://doi.org/10.1037/per0000646>

Sellbom, M., Brown, T. A., & Bach, B. (2024). Development and psychometric evaluation of the Personality Disorder Severity ICD-11 (PDS-ICD-11) Clinician-Rating Form. *Personality and Mental Health*, 18(1), 60-68. <https://doi.org/10.1002/pmh.1596>

Hovmand, O. R., Reinholt, N., Christensen, A. B., Bach, B., Eskildsen, A., Arendt, M., Hvenegaard, M., Poulsen, S., & Arnfred, S. M. (2024). Utility of the Work and Social Adjustment Scale (WSAS) in predicting long-term sick-leave in Danish patients with emotional disorders. *Nordic Journal of Psychiatry*, 78(1), 14-21. <https://doi.org/10.1080/08039488.2023.2226123>

Arendt, I-M. T. P., Gondan, M., Juul, S., Halling Hastrup, L., Hjorthøj, C., Bach, B., Videbech, P., Jørgensen, M. B., & Moeller, S. B. (2024). Schema therapy versus treatment as usual for outpatients with difficult-to-treat depression: Study protocol for a parallel group randomized clinical trial (DEPRE-ST). *Trials*. <https://doi.org/10.21203/rs.3.rs-3860859/v1>, <https://doi.org/10.1186/s13063-024-08079-9>

Day, N. J. S., Green, A., Denmeade, G., Bach, B., & Grenyer, B. F. S. (2024). Narcissistic personality disorder in the ICD-11: Severity and trait profiles of grandiosity and vulnerability. *Journal of Clinical Psychology*, 80(8), 1917-1936. <https://doi.org/10.1002/jclp.23701>

Lund, S. H., Bo, S., Bach, B., Jorgensen, M. S., & Simonsen, E. (2023). Mentalizing in Adolescents With and Without Prominent Borderline Features: Validation of the Reflective Functioning Questionnaire for Youths (RFQY) and an Investigation of the Factor Structure of Hypo- and Hypermentalizing. *Journal of Personality Assessment*, 105(4), 475-486. <https://doi.org/10.1080/00223891.2022.2055474>

Bach, B., Skjernov, M., & Simonsen, E. (2023). Personality Pathology and Functional Impairment in Patients With Hypochondriasis. *Journal of the Academy of Consultation-Liaison Psychiatry*, 64(1), 28-34. <https://doi.org/10.1016/j.jaclp.2022.08.001>

Niemeijer, M., Reinholt, N., Poulsen, S., Bach, B., Christensen, A. B., Eskildsen, A., Hvenegaard, M., Arendt, M., & Arnfred, S. (2023). Trait and symptom change in group cognitive behaviour therapy for anxiety and depression. *Clinical Psychology and Psychotherapy*, 30(5), 1058-1070. <https://doi.org/10.1002/cpp.2857>

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Zinchuk, M., Kustov, G., Bach, B., Pashnin, E., Gersamija, A., Yakovlev, A., Voinova, N., Popova, S., & Guekht, A. (2023). Evaluation of a 36-Item Measure of ICD-11 and DSM-5 Personality Disorder Trait Domains and Facets in Russian Inpatients. *Psychological Assessment*, 35(5), e22-e30. <https://doi.org/10.1037/pas0001223>

Amini, M., Abdolapur, M. A., Bach, B., Darharaj, M., Hamraz, I., Javaheri, A., & Lotfi, M. (2023). The Relationship between Traumatic Life Events and Polysubstance Use: Examining the Mediating Role of DSM-5 Level of Personality Functioning and Maladaptive Personality Traits. *Journal of Psychology*, 157(4), 227-241. <https://doi.org/10.1080/00223980.2023.2182265>

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Weekers, L. C., Sellbom, M., Hutsebaut, J., Simonsen, S., & Bach, B. (2023). Normative data for the LPFS-BF 2.0 derived from the Danish general population and relationship with psychosocial impairment. *Personality and Mental Health, 17*(2), 157-164. <https://doi.org/10.1002/pmh.1570>

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Bach, B., Simonsen, E., Kongerslev, M. T., Hansen, S. B., Hastrup, L. H., Simonsen, S., & Sellbom, M. (2023). ICD-11 personality disorder features in the danish general population: Cut-offs and prevalence rates for severity levels. *Psychiatry Research, 328*, [115484]. <https://doi.org/10.1016/j.psychres.2023.115484>

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